

Community Post

June 29 2007/Volume XI, Issue 23

Read the Stuttgart Community Post online at www.stuttgart.army.mil

Stuttgart Independence Day celebrations

The Stuttgart community will hold its Independence Day celebration on July 4th on Patch Barracks adjacent Husky Field and will continue the festivities until July 8th.

The celebration will begin July 4th at 1 p.m., when the Garrison Commander, Col. Kenneth G. Juergens will tap the ceremonial keg and officially open the fest rides and booths as well as begin a volksmarch, sponsored by the Stuttgart German-American Wandering Club.

The volksmarch will continue until 5 p.m. and at 6, a live-band performance by the County and Western Band, Custer, will provide musical entertainment until 10 p.m.

While the band is playing, there will be plenty of rides to include the bumper cars, 3 D Simulator, Bungee trampoline, Himalaya and Windshield Wiper for adults and a Merry-Go-Round, Baby Flug and Free Fall Donut rides for the children.

For those looking for a challenge and a bite to eat, there will be games of chance and numerous food booths scattered around the fest grounds. At 10 p.m., the skies above will light up with a barrage of fireworks in recognition of America's 231st Independence Day. The fest will close for the day at midnight.

On July 5th the fest will open at 1 p.m. At 7 p.m., a live performance by the Armed Forces Band, Matt Poss & Wild Bunch will entertain the crowd until 11 p.m. when the fest will close.

July 6th (Friday) will be Family Day at the fest and all the rides will be 50 percent off the regular price from 4 to 8 p.m. There will also be a softball tournament from 1 to 6 p.m. A Disc-Jockey will provide music until the fest closes at midnight.

On July 7th, there will be a Fun Run from noon until 1 p.m., when the fest will open. The continuation of the Softball Tournament will be held from 9 a.m. until 6 p.m. A Disc-Jockey will provide music until the fest closes at midnight.

On July 8th, the fest will open at 1 p.m. The final day of the softball tournament will be held from 10 a.m. until 2 p.m. A Disc-Jockey will provide music until the fest closes at 10 p.m.

There will be shuttle bus services to the fest grounds from all kasernes in Stuttgart. The regular weekend bus schedule will be used. An additional bus run will be added to the schedule for July 4 to 7. The bus will leave Patch Washington Square at 11:15 p.m. on July 4th and 5th and at 00:15 a.m. on July 6th and 7th.

For more information on the shuttle bus schedule, call 421-2389 or 0711-729-2389 during duty hours or 421-2601 or 0711-729-2601 after hours

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...I'm glad I live here!

The Stuttgart Community Post is authorized by the Secretary of the Army and published Fridays by the U.S. Army Garrison Stuttgart Public Affairs Office, building 3307-W, Kelley Barracks, unit 30401, APO AE 09107, 421-1400/civ. 0711-729-1400. HQUSAREUR approved funding June 1, 1990 according to Army Regulation 25-30. Private organizations noted in this publication are not part of the Department of Defense.

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Important Contact Numbers

Emergency Numbers

Ambulance	0711-680-116
Fire	0711-680-117
Police MP (emergency)	0711-680-114
MP Desk (other)	0711-680-5262
Poison Control	06371-86-7070 or 089-19240 116 or 117
From DSN phone	116 or 117
German Police	110
German Ambulance/Fire Department	112
Installation Victim Advocate	0176-262-48894
Sexual Assault Response Coordinator	0162-297-5265

Other Important Numbers:

Post Operator (Information)	0711-680-113
American Red Cross	07031-15-2818
Chaplain	0711-680-5000
Installation Operations Center (IOC)	0711-729-2601
ACS/ Family Support Center	07031-15-3362
Housing Maintenance	0711-680-4357

Find this information, and more, online at:
<http://www.stuttgart.army.mil/sites/about/phonebook.asp>

Community Announcements

Outdoor Recreation office adjusts hours

Due to ongoing construction, Panzer Outdoor Recreation will be operating under irregular hours for the next several days. Patrons are encouraged to call before visiting. For more information, call 421-2774 or 07031-15-2774.

Parking restrictions on Patch

In order to facilitate logistical support for the Fourth of July festival, there will be several parking restrictions implemented on Patch Barracks from June 29 through July 9.

Community members that live, work or visit Patch Barracks are reminded to observe posted restrictions during this time.

New business hours for Kelley Legal Office

Beginning July 1, the Kelley Legal Assistance Office will offer the following opening hours for legal services: Mondays, Tuesdays, Wednesdays and Fridays from 9 a.m. to 12:15 p.m. and 1 to 4:30 p.m. and closed on Thursdays.

For more information, call 421-4152 or 0711-729-4152.

Holiday closures

Due to the U.S. Federal holiday on July 4th and the USAREUR training holiday on July 5 several agencies and service providers will be closed or operating under adjusted hours. Specifically, banks and the health clinic.

It is suggested that all personnel take notice of any holiday hours that local facilities may have posted, or call before visiting a particular facility on those days.

Polizei Helicopter Squadron Open House

The Polizei Helicopter Squadron invites all community members to their open house event Sunday, July 1, from 11 a.m. to 5 p.m., at the Polizei Helicopter Squadron hangar on Stuttgart Army Airfield.

The program will include:

- PHSt helicopter flight demonstrations at noon and 4 p.m.
- Mounted Police from the Polizei Presidium Stuttgart.
- Polizei Working Dog Unit from PD Esslingen.
- A performance by the USAREUR Chorus.
- Aircraft static displays and other informative stands.
- Photos of the kids in a Polizei helicopter.
- A chance to win prizes, including a flight in a Polizei helicopter.

Vehicle parking at the event will be limited. Bicycle parking will be available to all guests. The PHSt encourages maximum use of public transportation and has established a shuttle service using Polizei busses between the PHSt event and the following locations:

- Parkplatz P 25 at the Neue Fildermesse.
- The bus station at the arrival level of Stuttgart Airport Terminal 1.
- The S-Bahn station in Bernhausen.
- The REAL and SELGROS supermarkets in Bernhausen.

Rag and Bone Man Antiques Summer Sale

The Rag and Bone Man Antique Concession is having its summer sale now through July 7. Everything in the store will be marked down by 10, 20 or 30 percent. Currently, there is a large stock of European antiques, chandeliers, carpets, collectibles and more.

Store hours are Tuesday through Saturday, 10 a.m. to 4 p.m.

GAWC Pfennig Bazaar Sorting Rooms

Are you getting ready to PCS or just doing your summer cleaning? The German American Women's Club is currently accepting donations for its Fall Pfennig Bazaar. Items, in good condition only, may be left in front of the Patch sorting room in Building 2307 (Washington Center, side entrance). No electronics or furniture please.

The GWAC is also looking for volunteers to help in the sorting rooms.

For more information on volunteering or donations, e-mail gncjackson@yahoo.com.

The Kelley Barracks sorting room remains closed until further notice.

Health Clinic adjusts hours for training day

The U.S. Army Health Clinic, Stuttgart will be closed on July 12 until 1 p.m., for required training.

For nursing advice, please call (toll free) 00800-4759-2330.

If you feel you have an emergency, call the MP desk at 116 or 0711-680-116.

Technology Expo

EUCOM J6 and Stuttgart Armed Forces Communications and Electronics Association (AFCEA) are hosting a technology expo, Tuesday, July 24, from 9 a.m. to 2 p.m., in the Patch Fitness Center. Over 60 vendors will be on site with the latest in communications technologies, systems integration, flight and vision training devices, network solutions, distance learning alternatives, defense and homeland security equipment, engineering and IT products, storage solutions, data management, audio-visual equipment, hardware, software and much more. Refreshments will be served and giveaways offered while supplies last. All U.S. ID-cardholders are welcome. Admission is free.

For a list of exhibiting companies, or to request a company, contact Max Greenberg via e-mail at Greenberg@ncsi.com. You can also register prior to the event by visiting www.FederalEvents.com

Patch Barracks Thrift Shop News

The Stuttgart Community Spouses' Club Thrift and Consignment shop is located in Building 2332, Patch Barracks. Store hours are: Mondays and Wednesdays from 10 a.m. to 2 p.m.; Tuesdays and Thursdays from 11 a.m. to 4 p.m.; and, every second Saturday from 10 a.m. to 2 p.m.

RB Thrift Shop News

The Robinson Barracks Thrift Shop is a consignment thrift shop. Consignments accepted Fridays and Saturdays from 10 a.m. until 12:30 p.m. Please phone before bringing larger items.

Enjoy the shop's popular 25 cent, 50 cent, and \$1 clothing tables, \$1 shoe baskets, fine selection of children's clothing, variety of stamp collector's albums, new selection of household furniture, wide variety of German collectable items and many items with the special-sale price tags.

Donations are always needed and greatly appreciated. Donations can be dropped off day and night inside the entrance to building 196.

The shop is open Fridays and Saturdays from 10 a.m. until 2 p.m.

Stuttgart Psychiatry office information

The Stuttgart Psychiatry Office, located next to the Veterinary Clinic in Building 2996, Panzer Kaserne, provides services to active-duty military and their dependants only by referral from the Stuttgart Health Clinic. Appointments are available weekdays from 7:30 a.m. to 4:30 p.m. Upon referral, appointments can be made by calling 431-2751 or 07031-15-2751.

Education and Training

Four-week meditation class

If you have never meditated or if you have tried and found it difficult to continue your practice, this course is for you. It will include the theory of meditation, effective techniques and practice time. Beginning July 10, you can learn simple and effective ways to calm your mind and emotions and experience a state of inner peacefulness and well being.

For more information call the Stuttgart Wellness Center at 430-4658.

Pregnancy orientation classes

- July 10, 9 to 11 a.m.: Nutrition, physical fitness & body changes.
- July 17, 9 to 11 a.m.: Tricare/Deers, passport/birth certificate, car seats.
- July 24, 9 a.m. to noon: Stages of labor, comfort techniques.
- July 31, 9 to 11 a.m.: Postpartum and newborn care.

You can take one or all classes.

For more information, call 430-4658 or 0711-680-4658.

UATP computer courses available

The USAREUR Automated Training Program, Stuttgart is located on Kelley Barracks in Building 3307, room 119.

- Using SharePoint Technologies for Knowledge Workers: July 11 to 13. Visit the course registration page: <https://www.uatp.hqusareur.army.mil/classes.aspx?ClassID=4860>.
- IAM&S: July 23 to 25. Visit the course registration page: <https://www.uatp.hqusareur.army.mil/classes.aspx?ClassID=4874>.

Learn how to manage your emotions

Stuttgart Family Advocacy is offering classes to help with managing your emotions. The next series of classes is July 11, 18 and 25 from 1 to 2:30 p.m. All classes are held in Building 2915 on Panzer Kaserne. Classes are free and open to all ages.

- Session 1: Understanding Anger.
- Session 2: Anger in Relationships.
- Session 3: Anger in the Workplace.

For more information, call ACS at 431-3362 or 071031-15-3362.

Red Cross Dental Assistant Program

Applications are due by July 15 for Dental Assistant classes which begin in August.

Applicants must have a DEROS date after Aug. 2008. Childcare is not provided.

The course consists of 80 hours of classroom training and 200 hours of clinic experience.

For more information, call the American Red Cross Office at 431-2812 or 07031-15-2812 or stop by the Red Cross office in Building 2915, Panzer Kaserne to pick up an application.

New education opportunities in Stuttgart

Embry-Riddle Aeronautical University (ERAU) is now open in Stuttgart. The office is located at the Stuttgart Education Center on Panzer Kaserne, Building 2915, top floor, room 412. Office hours are: Monday through Thursday, 9 a.m. to 2 p.m. For more information, call Jennifer Sturgeon at 431-3304 or 07031-15-3304.

Mandatory Substance Abuse Training

ASAP training is mandatory for Department of the Army civilians; however, all personnel are encouraged to attend the training.

For more information, call 431-2530 or 07031-15-2530 or e-mail scott.maylender@eur.army.mil.

Children and Teens

Parenting with love and logic

Army Community Service is offering a series of Love and Logic parenting classes every Thursday in July. Classes meet on Panzer Kaserne in the third floor classroom of Building 2915. Designed for parents with newborn to six-year-olds, parents with children of all ages are also welcome.

Classes are scheduled for July, 5, 12, 19 and 26, from 10 to 11:30 a.m., at the ACS office on Panzer Kaserne.

For more information, call 431-3362 or 07031-15-3362.

Part-Day Preschool registration

Registration for part-day preschool programs will begin Monday, July 16 for the new season which starts Sept. 4.

Available programs and locations:

Learning Adventure (4 & 5 year olds):

- Patch CDC: Monday, Wednesday and Friday from 8 a.m. to 11 a.m. and 11:15 a.m. to 2:05 p.m.
- Panzer CDC: Monday, Wednesday and Friday from 8 a.m. to 11 a.m. and noon to 3 p.m.
- Kelley CDC: Full week from 8:30 a.m. to 1:30 p.m.

Preschool (3 year olds):

- Panzer CDC: Tuesday and Thursday from 8 a.m. to 11 am and noon to 3 p.m.
- Patch CDC: Tuesday and Thursday from 8 a.m. to 11 a.m.

Must register at CYS Central Registration, Patch Barracks. Child must be at least 3 years old to participate.

Kelley SAS "Ultimate Summer Camp"

Students in first through fifth grades can spend a summer fun with the Kelley School Age Services-Ultimate Summer Camp program Monday through Friday from 6 a.m. to 6 p.m. Enjoy arts, crafts, sports, swimming and weekly trips through Aug. 24.

Register at CYS central registration on Patch Barracks.

Irish Step Dance summer workshops

CYS SKIES program offers Irish Step Dance workshops at the Patch High School Forum. Participants will learn solo steps and group dances. The workshops will include a series of techniques and exercises to teach students basic Irish dance posture and steps.

Scheduled workshop dates:

- July 9-13
- Aug 13-17

The workshops are divided into age categories.

- Age four to six, from 10:45 a.m. to noon.
- Age seven to nine, from 12:30 to 1:45 p.m.
- Age nine to 16, from 1:45 to 3 p.m.

Cost is \$90 per person, per workshop.

For more information, contact the SKIES instructional program specialist at 430-5606 or 0711-680-5606.

Children's theater auditions

CYS SKIES is hosting auditions and rehearsals for the Missoula Children's Theatre original adaptation of "The Little Mermaid". Auditions will be held Aug. 6, from 9:30 to 11:30 a.m., in the Patch Elementary School Gym. There are 50 roles available for local students in grades one through 12. Most rehearsals will be held from Aug. 6 to 11, for approximately 4.5 hours per day. MCT touring productions provides costumes, scenery, props and makeup.

For more information, call Jemmie Collins at 430-7458 or 0711-680-7458.

JOB CORNER

NAF Job Fair

NAF will hold a job fair on Thursday, July 12, 10 a.m. to 2 p.m. in the Community Service Center, Bldg 2915, Panzer Kaserne.

Stuttgart Non-appropriated Funds human resources agents are seeking applicants for Child & Youth Program Assistants and Hotel Desk Clerks for positions throughout the USAG Stuttgart area.

On-site interviews will be conducted. Applicants are encouraged to bring their resume, U.S. Passport, Social Security Card and PCS orders if applying with spouse or family member preference.

Starting pay for Child & Youth Program Assistants is \$9.60 to \$15.96 per hour based on education and experience. Transcripts are required. Benefits include training, automatic non-competitive promotions and discounts on child care.

Starting pay for Hotel Desk Clerks is \$8.25 to \$9.00 per hour based on experience. Knowledge of basic math, good verbal communication and customer service skills are required.

For a full list of current vacancy announcements, and the Non-Appropriated Fund Job Application Kit, visit <http://cpolrhp.belvoir.army.mil/eur/cpac/stuttgart/index.htm>. For more information, locally, call 421-2191 or 0711-7292-191.

Childwatch Provider Contracts Available

The USAG Stuttgart Chaplains Office has Non-Appropriated Fund (NAF) Childwatch Provider Contracts available to provide childcare services for all Chapel and Religious Education Programs located at: Patch, Panzer and Robinson Barracks Chapels. Starting pay for contracts is \$10.50 per hour. Contracts are open to all qualified candidates eligible for appointment under U.S. employment requirements. Background checks and First Aid/CPR Certification are required.

For more information contact the USAG Stuttgart Chaplains Office, Patch Barracks, Washington Square, Bldg 2307, at 0711-680-5000 or 430-5000 or e-mail the Childwatch Coordination Contractor, Ms. Hasselquist at veraguas2@hotmail.com.

Computer Sciences Corporation

Computer Sciences Corporation is seeking qualified individuals for the following positions:

- **Program Control Analyst:** This person provides finance and accounting support to CSC's European Operations Programs and to Project Managers as a Project Control Specialist. Duties include maintaining contract financial data, preparing invoices, financial reports, evaluations, status reviews and cost proposals. Degree or equivalent combination of education and related experience with accounting systems. Excellent oral/written communication skills, knowledge of Government contracts and invoicing procedures desired.
- **Executive Assistant/ Staff Relations Manager:** This person supports the Director in all areas of service delivery. The position is fast-paced and in a dynamic environment. Degree and 4 years of project management support experience desired. Willingness to learn CSC's Human Resources processes. Microsoft Office SW proficiency, strong interpersonal skills, ability to organize and work independently.

If you are innovative, flexible and interested in one of these growth opportunities, submit your resume to Karl Widmayer at kwidmayer@csc.com, or fax to 0711-305-7753.

Both positions are non TESA and subject to German taxes. Applicants must be I.D. cardholders. Salary commensurate with experience.

Electronic Media Specialist- Contract

The U.S. Army Garrison Stuttgart Public Affairs Office has a position for a Command Information Electronic Media Specialist. This is a contract position for approximately hours 25 hours per contracted week.

Applicants should request an official Government offer, statement of work and scheduled services for the position from the Regional Contracting Office-Stuttgart via e-mail to daniel.mengesha@eur.army.mil.

All qualified applicants are required to submit a resume with offer and obtain a DUNS number and cage code at www.ccr.gov prior to contract award.

For more information, call Mr. Daniel Mengesha at RCO-Stuttgart at 4212-951 or o711-7292-951

Writer-Photographer- Contract

The U.S. Army Garrison Stuttgart Public Affairs Office has a position for a Writer/Photographer. This is a contract position for approximately hours 20 hours per contracted week.

Applicants should request an official Government offer, statement of work and scheduled services for the position from the Regional Contracting Office-Stuttgart via e-mail to daniel.mengesha@eur.army.mil.

All qualified applicants are required to submit a resume with offer and obtain a DUNS number and cage code at www.ccr.gov prior to contract award.

For more information, call Mr. Daniel Mengesha at RCO-Stuttgart at 4212-951 or o711-7292-951

AAFES is hiring...NOW!

- **Sr. Sales Associates** at the Panzer Main Store. Spouse preference accepted; no experience required but knowledge of computers and other electronics very helpful but not required. Join this excellent team of retail professionals! Flexible schedule, to include some weekends. Associate sells, stages and replenishes a variety of specialized merchandise in the Power Zone. MUST be friendly and customer service oriented. May perform "lead" functions; operate a cash register or other sales related equipment.
 - **Store Associates** at Patch Shoppette. Flexible schedule ONLY, to include some weekends. Must be friendly and customer oriented. Excellent work environment! Spouse preference accepted; no experience required. Operates a cash register and other sales related equipment; balances daily financial transactions.
 - **Food Service Workers** at Charley's Steakery located in the Mall for All's Food Court on Panzer Kaserne. Flexible schedule ONLY, to include some weekends. Spouse preference accepted; no experience required. Qualified individuals prepare and serve simple foods. May operate a cash register, oven, grill, deep-fat fryer or other kitchen equipment. Must be friendly and customer oriented.
 - **Store Associates/Cashiers** at the Panzer Main Store. Flexible schedule ONLY, to include some weekends. Excellent work environment! Spouse preference accepted; no experience required. Operates a cash register and other sales related equipment; balances daily financial transactions. MUST be friendly and customer service oriented.
- Apply on-line at www.aafes.com or call Tammy at 0711-7203-129.

Healthcare position on Patch Barracks

Immediate opening for CAN, LPN or MA for busy Stuttgart Health Clinic.

Send resume to Glen via FAX: 757-420-6616, or e-mail: gschwein@neshold.com

SPORTS & LEISURE

Softball Explosion 2007

The 2007 Independence Day Softball Explosion community and unit level softball tournament will be held July 6 through July 8 on Husky Field, Patch Barracks. Men's and woman's teams are needed. Must 18 years or older. Price per team is \$250.00. Don't miss your chance to be a part of this great Stuttgart tradition.

For more information, call 430-4512 or 0711-680-4512.

Wandering club seeks volunteers

The Stuttgart German-American Wandering club is in need of volunteers for its 33rd Annual International Volksmarch July 27 to 30. Volunteers are needed to help set up tents, serve food and beverages, cook, sell club T-shirts, attend to parking, as well as to donate baked goods.

For more information, contact the club coordinator via sgawc1972@yahoo.com or call 07031-63-3757.

Get fit with Jazzercise

Fresh Moves. New Music. Pure Motivation.

Get a total body aerobic and strength workout including kickboxing, yoga and pilates. Jazzercise classes are offered at the Patch Fitness Center on Monday, Wednesday and Friday at 8:20 a.m. Jazzercise and Body Sculpting classes are offered at the Kelley Fitness Center, Monday through Thursday at 5:30 p.m. For Patch classes call Laurie at 0711-120-2025 and for Kelley classes please call Christine at 07158-987-6196.

Pump and run

Designed to test strength, endurance and the physical attributes necessary for today's military warriors. Contestants will be weighed at beginning of contest and then do four events separated by a three-minute transition period. Events will be: bench press, pull-ups, squats, dips and a three-mile run. Event will be held July 28, 10:00 a.m., at the Patch Fitness Center.

Must be 18 years or older.

For more information, call 430-5386 or 0711-680-5386.

White water kayak and camping adventures

Stuttgart Outdoor Recreation offers white-water kayaking and camping adventure trips to Altensteig, in the Black Forest, every month through August.

- o July 20 to 22
- o August 17 to 19

Trips depart at 5 p.m. from the Outdoor Rec. Office, building 2949, Panzer Kaserne.

Tour price includes: Transportation, camping fee and kayak equipment.

Must be 14 years old or older and a strong swimmer. Call 431-2774 or 07031-15-2774 or stop by the Outdoor Recreation Office on Panzer Kaserne for more information.

New fitness classes at Patch

The Patch Fitness Center, building 2337, will begin offering the following new classes starting in July.

- "Step/Step Interval" on Mondays at 9:35 a.m.
- "Hi-Low to Go" on Wednesdays at 9:35 a.m.
- "Body Sculpt" on Fridays at 9:35 a.m.
- "Body Pump" on Mondays, Wednesdays and Fridays at 7:30 a.m.

All classes cost \$3.00. These classes are designed to increase your metabolism using a combination of cardiovascular exercise, strength training and flexibility moves.

For more information, call 430-5386 or 0711-680-5386.

AAFES NEWS

EUCOM Human Resources Team Honored

The EUCOM AAFES Human Resources Team was honored with the 2007 1st Quarter AAFES Europe Team Award. This award was given to the EUCOM Team for their sustained performance in recruiting quality associates and staffing AAFES facilities with the best qualified candidates possible.

Their professionalism and dedication became very apparent in their tireless effort to prepare for the Grand Opening of the Mall for All on Panzer Kaserne in Böblingen, which was a great success. The EUCOM HR Team has made it a point to remain visible and available to assist not only current associates and applicants but to the EUCOM area as a whole. They are proud to be of service to such a great community!

AAFES Fuel Prices

Mainz Kastel, Germany –The Army & Air Force Exchange Service (AAFES) is adjusting gasoline prices effective June 30, 2007 based on the current weekly U.S. Department of Energy (DoE) average price plus incremental costs associated with providing gasoline overseas.

For the week ending June 25, 2007, the DoE average price for unleaded fuel decreased and diesel increased. As a result, the AAFES Europe gas prices in Germany will be:

<u>Germany</u>	<u>\$/ gallon</u>	<u>\$/ Liter</u>	<u>Change</u>
Regular	3.149	0.840	-0.027
Mid Grade	3.256	0.870	-0.027
Premium	3.363	0.890	-0.026
Diesel	3.002	0.800	0.030
<u>DoE Average- June 18, 2007</u>			
Regular	2.982		
Mid Grade	3.089		
Premium	3.196		
Diesel	2.835		

On the Go with the Stuttgart USO

For more information on these trips, tours and events, visit www.uso.org/stuttgart, stop by the USO office in the Community Services Center, Panzer Kaserne #2915 or call 431-3505/civ. 07031-15-3505. Hours of operation are: weekdays from 10 a.m. to 8 p.m. and Saturdays from 10 a.m. to 4 p.m.

❖ USO Stuttgart has discounted tickets for sale:

- **Gov't Mule**, July 11
- **The Roots & Gym Class Heroes**, July 12

❖ The **16th Annual USO Golf tournament** is July 14, 8:30 a.m. shotgun start at the Stuttgart Golf Course, Kornwestheim. This is the most important fundraiser of the year and is a great German-American event featuring entertainment, prizes, food and VIP gift-bags for all players. *Sign-up deadline is July 3.*

❖ The next **Single Service-members Meal** is Thursday, July 26 at the USO office on Panzer Kaserne from 5:30 to 7:30 p.m. All single or unaccompanied Service-members are invited to the USO for a delicious BBQ dinner (FREE).

- **11 July, Wednesday: Zürich, Switzerland**

On our way to Zürich, we will stop at the Rhine Fall - the famous waterfall in Schaffhausen. From there, the tour continues to the beautiful city of Zürich. After the city tour, the afternoon is yours for more sightseeing or shopping. Bring passport, Euro and Swiss Francs. Travel documents are customer's responsibility! Tour price includes transportation, guided city tour and USO escort. Departs from Patch at 6 a.m. and returns at approximately 8 p.m. Cost is \$82 for adults, \$76 for children.

- **12 July, Thursday: Frankfurt**

Welcome to Frankfurt! Frankfurt is the former Army Headquarters, as well as the center of one of the most productive and dynamic regions in Europe. As continental Europe's largest financial center, home of the European Central Bank and headquarters of many companies, the international importance of Frankfurt continues to grow. Frankfurt is a dynamic European metropolis, a global village, a melting pot of cultures, languages and lifestyles. The morning will include a guided city tour with time in the afternoon to shop. Tour price includes transportation, city tour and USO escort. Departs from Patch at 7:30 a.m. and returns at approximately 8 p.m. Cost is \$75 for adults, \$69 for children

- **13 July, Friday: Dinner Club~ Brewery Dinner**

Visit one of the local breweries. Bring your friends or make new ones as you eat, drink and socialize. Leave the driving to the USO, so that you may enjoy your evening. Bring Euro for food and drinks. Tour price includes transportation and USO escort. Departs Patch at 6:30 p.m. and returns at approximately 10:30 p.m. Cost is \$15.

- **14 July, Saturday: Hello Stuttgart**

Spend the day enjoying the sights and surroundings of Stuttgart. This tour will introduce you to the city of Stuttgart and its public transportation system, as well as the main highlights of the downtown area (including the indoor Farmer's Market and main shopping areas). Bring Euro. Tour price includes public transportation, city tour, and USO escort. Meeting point is Patch front gate. Departs at 8:45 a.m. and returns at approximately 4 p.m. Cost is \$15 for adults, \$10 for children.

- **14-15 July, Sat-Sun: Bellagio Lake Como Express, Italy**

Few places are as romantic as Lake Como, and even fewer as beautiful as Bellagio. Known as the "Pearl of the Lake", Bellagio is the perfect place to soak up the lake's beauty. This small town is identified by its century-old buildings, stone lanes and picturesque cobbled stairways. Enjoy an historic walking tour to gain insight into days gone by, or follow your senses to find fresh gelato, café, or local Italian dishes. Bellagio is an amazing place to relax and restore minds thanks to the stunning lake and the magnificent villas; no wonder, Hollywood's famous actor, George Clooney chose it as his overseas residence! Bring Euro and a valid Passport. Travel documents are customer's responsibility. Tour price includes transportation, city tour and USO escort. Departs from Patch at 1 a.m. and returns at approximately 2 a.m. Cost is \$130 for adults, \$124 for children.

- **14 July, Saturday: Regensburg**

Come sightseeing in this ancient city, a medieval metropolis. You will find relics of Stone Age and Celtic times in the museum, Roman masonry by the roadside, and early Bavarian and Carolingian remains just below street-level. Regensburg's buildings range in style from Romanesque to Classical. Bear witness to Regensburg's 2000 year old history and, its stones and "documents". As you walk around the city, catch a glimpse of the foundation stone from the Roman fort of Castra Regina, inscribed in 179 A.D., when Marcus Aurelius was emperor. Bring Euro. Tour price includes transportation, guided city tour and USO escort. Departs Patch at 6 a.m. and returns at approximately 9 p.m. Cost is \$89 for adults, \$83 for children.

- **15-16 July, Sun-Mon: Coburg Samba Festival**

Follow the path of history as you walk the castle square. Along this path, in the court garden, you will find yourself in the footsteps of history. Martin Luther, Queen Victoria and the King of Waltz, Johann Strauss, have all visited Coburg. Every year, tens of thousands of visitors flock to Coburg for an unusual event: to enjoy the amazing dancing of the Samba. Join the USO for this unique experience. Bring Euro. Tour price includes transportation, city guide, samba festival entry fee and USO escort. Departs patch at 8 a.m. and returns at approximately 1 a.m. Cost is \$93 for adults, \$87 for children.

AAFES MOVIE SCHEDULE- Patch Theater

- Movies and show-times are subject to change without notice.
- For updates, call the Patch Movie Line at 0711-120-8222 or visit www.aafes.com.

Friday June 29	7 PM	Fantastic Four: Rise of the Silver Surfer	PG
	10 PM	Fantastic Four: Rise of the Silver Surfer	PG
Saturday June 30	4 PM	Fantastic Four: Rise of the Silver Surfer	PG
	7 PM		
Sunday July 1	4 PM	Fantastic Four: Rise of the Silver Surfer	PG
	7 PM	Fantastic Four: Rise of the Silver Surfer	PG
Monday July 2	7 PM	Fantastic Four: Rise of the Silver Surfer	PG
Tuesday July 3	7 PM	In the Land of Women	PG-13
Wednesday July 4	7 PM	Vacancy	R
Thursday July 5	7 PM	Fracture	R
Friday July 6	7 PM	Ratatouille	G
	10 PM	Disturbia	PG-13

Clubs, Dining & Entertainment**The Broadway Café:**

Stop by and check out Kelley Barracks' newest hot spot! The Broadway Café features a variety of coffees as well as delicious cakes, cookies and sandwiches.

Open weekdays from 8 a.m. to 2 p.m. and evenings before and during theater performances.

For more information, or to book the Café for your next event, e-mail: alan.buxkemper@us.army.mil

Robinson Barracks Community Club:

- **Wednesday**– Game Night, 5pm -11pm
- **Thursday**– Potluck BBQ, 5p.m. to 11p.m.
- **Friday** - Dart Night, 5p.m. to Midnight
- **Saturday** – Music and Party Night
- **Free movies and free popcorn!** Movies run throughout the day. Call or stop by for details.

For more information, call 420-6129 or 0711-819-6129

The Kelley Community Club:

- **Game Night Tuesdays:** 7 to 11 p.m.
Come on in; meet up with friends and play games such as dominoes, cards and X-Box
- **Karaoke Wednesdays** 9 p.m. to Midnight
Are you the next American Idol? Go for it!
- **Acoustic Jam:** Thursdays from 7:30 to 11p.m.
Bring your axe, fiddle or banjo and join the fun!
- **Jazz and Variety Fridays:** 8 p.m. to Midnight
Jazz and more with DJ Smooth K.

For more information, call 421-2943 or 0711-729-2943

Galaxy Bowling & Entertainment Center:

- **Community Appreciation Days-** Every Monday. \$1.00 per game and free shoe rental.
- **Duty Bowl-** Two hours of unlimited bowling for \$6. Monday through Friday, 11 a.m. to 3 p.m.
- **Red Pin Wednesdays-** Knock down a red-pin with a strike and win a free game.
- **Cosmic Red Pin Bowling-** Knock down the red-pin with a strike and win a free game. Saturdays, 8 p.m. to close.
- **Mission Impossible-** Win a free game for every strike bowled while the Mission Impossible theme song is playing during Cosmic Bowling.
- **Frequent Bowler Program-** Once registered, every game bowled counts toward a discount card.

❖ **Let the Galaxy host your next birthday party**

Packages start at \$6.95 per child and include pizza, soda, bowling, and shoes. Theme and Cosmic parties are available.

For more information, call 431-2719 or 07031-15-2719

Find out more things to do within the USAG Stuttgart by visiting the Garrison website:

www.stuttgart.army.mil



The Trading Post

NOTE: Ad submissions are free and **only** available to U.S. ID cardholders. Ad requests **must** include U.S. Military POC information: DSN/ duty phone #, '.mil' e-mail address, or other verification of DoD affiliation. Submissions are subject to editor's discretion and appear on a space-available basis for no less than two weeks. For security reasons, any message received with a blank/ empty subject field will be deleted unread.

Vehicles:

1997 BMW 316i, German Specs, Hunter Green, 174,000km, 5 speed, AC, AM/FM CD player, power locks & windows, heated seats, fog lights, winter & summer tires. \$4000 OBO. Call 0703-330-6154 or 0161-965-15231.

1994 BMW Hartige; 2-door, standard, power windows and sunroof, all weather tires. Excellent shape. Nice looking and very reliable car. Must sell, PCSing. \$2,500.00 or best offer. Please call Kim 0178-3940-538.

1986 BMW 318i, eu specs, 4 door, red, new brakes, summer and winter tires, sunroof, oil leak, 201K, good city or commuting car, \$300, email travelinggermany@googlemail.com or call 0177-803-8769.

1999 Ford Taurus SE Wagon 4D A/C, PS, PW, PDL, Tilt wheel, Cruise Control, AM/FM w/ Cassette, Dual Front Airbags, Roof Rack, Third Row Seat, Alloy Wheels, 92,000miles \$3750. 0711-601-6766 or 0175-718-5175.

2001 Harley Davidson FLSTF Fatboy. Low miles, garaged, black and chrome lots of accessories, alarm system. \$13,400.,OBO. Call 0711-120-7390 or e-mail jason.a.gonzales@us.army.mil

2003 Honda Civic hatchback; red with grey interior; only 27,000 miles; German specs, great condition; \$9,500 OBO. Call 430-5392/ 0711-120-2473 or uk7rileys@hotmail.com.

1995 Kawasaki GPZ1100 motorcycle, orig owner, red, US spec, Givi luggage, many extras. \$2500/obo. Photos:www.twowheelsburning.com/gp2. 07118828693. bob.sims@gmail.com

2006 Volvo S60 2.5T AWD. Geartronic, US Specs. 17,500 miles, Leather interior, heated seats, 6-disk CD changer, navigation with US and European disks, dual climate cntrl, sunroof, rubber and cloth floor mats, front and rear park assist, Climate pkg, preferred pkg, and convenience pkg. \$26,000.00 Call Jason 0160-959-33626 or Tammy 0160-959-47606

1992 VW Polo. Only 93,000 KM. Just inspected. New front brakes and starter. Asking \$1,750. Call 0178-849-2683, or e-mail: sellingmypolo@yahoo.com.

Miscellaneous:

Hutch and Table: \$100 for complete set. E-mail rkzchristian@gmail.com.

Small Samsung cell phone with SIMS chip and charger \$30; JVC digital video camera with 5 tapes, CD, duel voltage charger, and carrying case \$125; AFN Decoder \$195. Cell: 0160-959-33626

Complete ISDN/DSL phone/internet bundle-\$100. Includes Audioline twin set cordless phone system, Telekom DSL splitter, Telekom Teledat 331 DSL modem, Telekom NTBA. All you need for ISDN and DSL. Nokia 3650 cell phone-\$35.00. Everything in perfect working order. Call 07031-733-616 or 0160-991-71248 for more info.

Brand new AFN decoder and dish: \$200. Call Zach at DSN 431-2551 or 0178-519-7455.

Piano and bench: Lowrey; med-brown. \$800 or best offer. Moving; MUST GO. No UK or scam emails accepted!!! Freezer, 4 drawer, 220v. Other 220 appliances-fans, kitchen tools. Black and white photo dark room complete with timer, cutting board, chemicals. Furniture: 3 piece hide-a-bed living room set. Grey. \$300. Queen size bed with foam mattress. \$150. Dining room table with 4 chairs; \$200. Kris07grandad@yahoo.com or 07152-35-1856.

2 free male guinea pigs with cage and accessories. 2 free rabbits one female (fixed) and one male with cage and accessories all are good with kids and other pets. Please call 07031-438-305 or e-mail: Megirl22@aol.com. Acoustic guitars. Used Yamaha: \$125; new Alavrez: \$200. E-mail: barry@barrypfoley.com or call 0711-754-6522.

Raz and Roz, four-year old sister spayed indoor cats, are looking for a new home as their mistress departs for the States for college. They come complete with shots, carriers, litter-box, etc. to a good home. Please call Alison or Katrina at home at 0711-227-2623 if you are thinking of adopting.

3 - Cordless telephones - \$10.ea, 1 - cordless with answering machine - \$15., Lg 220v Slow cooker crockpot - \$15., 220v deep fryer - \$5., 220v microwave oven - \$15., coffee maker - \$5., toaster - \$2., 220v vacuum cleaner - \$30., 2 - AFN decoders w/satellites \$150. ea (avail. 16 Jul 07), 220v extension cords \$10., transformers 1000w, 1500w, 750w, 300w, 75w, \$75. (avail 16 Jul 07), 4 - 220v floor fans, 1 - 220v desk fan \$10. ea, lots of Christmas lights - \$15., 1 heater - \$10., 1 Iron - \$10.. 1 Futon Bunk bed w/twin mattress for top and full futon for bottom -\$175 contact 0711-601-9031 or 0162-565-5254.

TENNIS RACQUETS: Three Prince Triple Threat RIP Oversize racquets, Black/Silver/Gold, \$75 each (\$240 new retail price); One Prince Triple Threat RIP Oversize racquet, Gold, \$60 (new retail \$200); One Prince Triple Threat Scream Mid Plus racquet, Yellow, \$70 (retail \$200). All have 4 3/8" grips which I can build up for \$5 extra. All have premium synthetic strings in excellent condition. Contact: Allan Price at 07032 794615 (Stuttgart).

8 Mini-blinds from OBI for German Windows; 1 x 57 inches or 114 cm; 3 x 23 1/2 in. or 47 cm; 4 x 47 1/2 in. or 95 cm; worth over 100 Euros new, still almost new, asking \$40 OBO. 0711-411-3438 or send e-mail: the.sires@gmail.com.

Miniature Poodle, 9 MO, Very affectionate, very loving. Needs a good home. Wife is having a baby, and we must let the dog go. Please call for more information 350 Euro OBO, Paul or Miki at 015158212781. Stuttgart area.

Yard/ Garage sales:

Saturday, July 14 starting at 8 a.m. Building 2534, Patch Barracks. Items include: baby items and toys, outdoor equipment, furniture, house hold items and some electronics.

Apts/Houses For Rent:

Beautiful brand new, fully furnished apartment w/ garage: 1 BR w/ king bed, 1 office, living room with pull out sleep sofa, kitchen, bathroom, balcony, wireless internet. Available for July, August and September 2007. Rent: 1,175 euro/month. Photos: <http://JLee659.photosite.com> For more information, e-mail Jennifer at info@centralavehouse.com.

Apartment for Rent in Kirchheim unter Teck. Located only 20-minutes from Patch in a quite neighborhood with wooded hiking trails nearby, the apartment has easy bus access and a bank, butcher, bakery, and mini-market are located just around the corner. The apartment has 2 Bedrooms, 1.5 bathrooms, living room/dining room, den, kitchen, balcony (with retractable awning), cellar, and parking garage. Photos available upon request. If interested, please contact MSgt Walter via email at hewalter@afotec.af.mil or taniahew2002@yahoo.de

House for rent: Starzach Felldorf. 205 square meters living space, 310 square meters total. Full kitchen, hardwood floors throughout. Garage with electric garage door opener; wood stoves on two floors; 2 full baths and two half baths. Ceiling fans, finished basement. AFN included in rent. Beautiful walking and biking paths at your doorstep. 2,500 Euros per month warm rent, no deposit, no immobilien fees. Just pay first month's rent and move in. Available 1 August; Email Jeff at jeffmcmul@excite.com.

Furnished, small (one person) 2-room apartment (corner unit) on 3rd floor with 2 balconies (west and north) in Aichtal – located south down B27 past the Stuttgart airport. Great location to each post (20 min from Kelley, 25 min. from Panzer, 15 min. from Patch). Includes kitchenware, linen, cable, and paid DSL and telephone connection. 600 Euro per month. Garage parking also included. Non-smokers, no pets. E-mail wilkes.r@rocketmail.com.

Wanted

Responsible, serious, caring person needed to watch our 14 year old, quiet, very loving, easy to care for, Jack Russell Terrier in their home when we go away. We live near Herrenberg. Please call and or email: Marian 07032 330425 (home phone w/answering machine) and/or email at mdeangelo@languacom.de.

Family seeks kid-friendly house in the Böblingen School District. We can move in in October. Please contact Matt Thomas at matthew.thomas7@us.army.mil or DSN: 431-2710.

Detached, single family home to rent for three years. Vicinity of Patch and Panzer. 2-3+ bedrooms, 2 or more baths, installed kitchen, washer & dryer hookup. Yard, S-Bahn/bus access, off street parking preferred. Pet friendly a must. Lease to begin July, August, or September. Photos appreciated. Email Sandy or Joe at JJLSDWL@hotmail.com or phone 1-586-307-8844.

Seeking home for rent in or near Stuttgart. Prefer 3+ bedroom and a backyard. Please e-mail Garry or Amber at aengle917@yahoo.com. Pictures appreciated!

Detached, single-family house to rent for 3 years. SW Stuttgart, within 20 min. of Patch. 4+ bedrooms, 2+ baths, finished basement preferred. Internet connection a plus. Must have installed kitchen and large backyard (fenced preferred). Kid friendly a must! Near forest/walking paths. "Non-traditional" properties welcomed. Lease to begin October or November. Contact Diane at gkidsma@cheqnet.net or 1-715-363-2753.

Other:**Stuttgart Community Surgical Weight Loss Support Group**

Have you had a Surgical Weight Loss Procedure? Are you considering Bariatric surgery or Lap Band surgery? Come join us at the Army Community Service (ACS) Conference Room in Building 2915, Panzer Kaserne. Meetings are every 1st and 3rd Wednesday.

Topics to be covered: diet, pre-op procedures, what to expect after surgery, exercise and emotional well-being.

For more information, please e-mail: Stuttgartlifestyle@yahoo.com

Services Offered:

Pet sitting/ walking/ exercising service available. All types of animals, large or small: dogs, cats, horses, etc. Reasonable rates. Call: 0175-955-9901 or s1meyers@hotmail.com.

Publication Information

The Stuttgart Community Post/ Trading Post is authorized by the Secretary of the Army and published Fridays by the U.S. Army Garrison Stuttgart Public Affairs Office, building 3307-W, Kelley Barracks, unit 30401, APO AE 09107, 421-1400/civ. 0711-729-1400.

HQUSAREUR approved funding June 1, 1990 according to Army Regulation 25-30.

Private organizations noted in this publication are not part of the Department of Defense but are registered with USAG Stuttgart and/or USAREUR.

Trading Post Information

Ad placement is free and available *only* to DoD ID cardholders (Service members, Federal employees, contractors and dependants) and registered private organizations.

Ad submissions must include: submitter's name, duty location and DSN and civilian phone numbers and/or '.mil' e-mail address.

Send request for advertisement to: stuttgartmedia@eur.army.mil.

Ads should be in Arial, 9pt. font. Capitalizing every word will cause a delay in your ad being posted.

There is no need to send photographs, flyers or graphics. Please read your ad thoroughly *before* sending it.

Ads will, in most cases, automatically run for no less than two weeks.

Advertisement submissions are subject to the editors approval.

For security reasons, any message received with a blank subject field will be deleted unread.

Deadline for ad submissions is 12:00 p.m., nine days prior to the desired publication date.

Deadline for July 13 edition is July 3

ACS has your solution for saving
Stuttgart Army Community Service Financial Readiness Office

The 10% Solution takes the math out of saving. And, it makes good financial sense. To figure out how much you have to save, simply take your gross pay each period and “drop” the last digit. If monthly gross income is \$2,000 per month, save \$200. If family income is \$60,000 each year save \$6,000 per year or \$500 each month.

The Association for Financial Counseling and Planning Education® and its 800 members are announcing today the start of the 10% Solution – a five-year campaign designed to increase the savings rate of Americans to 10%. The percent of income saved by Americans dipped into negative territory in 2005 where it remains today. Simply put, Americans spend more than they earn, financing their spending by depleting savings funds and increasing credit obligations.

What can saving do for you?

Saving relieves personal stress and improves relationships. Many studies suggest that disagreement over finances is a major reason for marital strife and divorce. And for the unmarried, financial distress is a major factor in general dissatisfaction and unhappiness. Studies show that financial stress is not necessarily due to a lack of income but instead is due to unsustainable spending, saving and investing patterns.

Saving reduces reliance on credit and can save thousands of dollars in interest. The percentage of disposable income used to pay debts is still near record highs. The American Bankers Association reported in 2005 that 43 percent of consumers carry balances each month on their credit cards. Many Americans owe \$2,000 or more on their credit card debt resulting in \$45 in interest each and every month at 15%.

Saving helps fund a comfortable retirement yet most Americans are not putting enough away for retirement. As employers continue to decrease or eliminate pension benefits, private saving is the only remedy for this malady. Social Security benefits will not – nor were they designed to -- provide enough income for a sustainable retirement.

Saving increases confidence and the likelihood of getting out of poverty. Persons with even small amounts of savings are more likely to continue saving – even after depleting their savings to zero to meet an emergency.

Saving is habit forming. If 10% is too daunting, start with 5% or 3%. Follow the formulas below for allocating your savings into retirement, emergency and future spending “funds.” Small amounts of saving quickly add up. Begin today.

Where should this saving go? Consider putting one-half into a retirement plan – 401(k) or (403(b) plan at work, or an individual IRA or Roth IRA. Save one-third (or \$67 or \$167 in the examples above) for emergencies – in a savings or money market account. These funds can help pay for unexpected household or auto repairs, medical deductibles, or other unplanned expenditures. Place the remainder in a savings account to fund future goals such as a vacation, roof repairs, or college education.

AFCPE members across the nation, are dedicated to improving the financial stability and security of all Americans. Members assist consumers with financial decision making through education and one-to-one counseling.

For more information, contact Herman Hurd, Stuttgart Army Community Service, (herman.hurd@eur.army.mil) at DSN 431-3348 or 07031-15-3348.